



HIGH POINTE PERFORMING ARTS STUDIO

2026–2027 Competition Team Guide

Excellence • Positivity • Accountability

WELCOME

Welcome to the High Pointe Performing Arts Studio Competition Program!

We are so excited for an incredible season of growth, training, and performance. Our program is built on more than just strong technique—we are committed to developing confident, hardworking, and respectful dancers.

At HPPAS, we are guided by our core values:

Excellence – We strive to give our best in every class, rehearsal, and performance.

Positivity – We support one another and create an encouraging, uplifting environment.

Accountability – We take responsibility for our growth, effort, and commitment.

Above all, we believe:

Relationships > Everything Else

We value the connections we build—with our dancers, our families, and each other. These relationships are the foundation of everything we do.

We have four teams: Tiny Company, Mini Company, Regional Company, and National Company (our pre-pressional training program). Please see below for all info.

TINY COMPANY

This team is designed for our youngest dancers who are ready to begin exploring performance and teamwork in a fun, supportive, and structured environment.

Weekly Commitment (Sept–May)

- 30 min Ballet
- 30 min Jazz Technique
- 30 min Rehearsal

✓ 1 day per week commitment

Summer Commitment

Tiny Company dancers are required to attend:

Technique Tuesdays

June 9, 16, 23

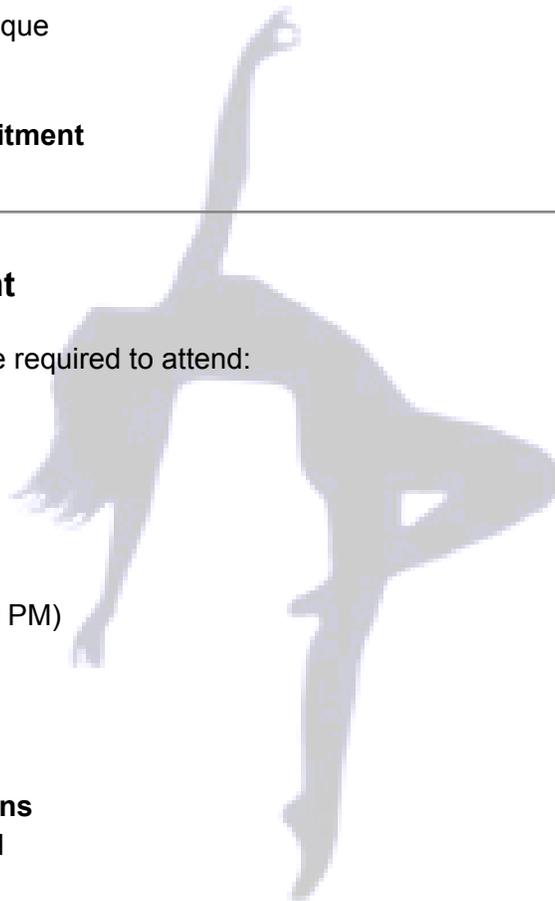
July 14, 21, 28

Required Class:

Tiny Technique (4:00–5:00 PM)

Competition Info

- Studio Showcase
- **3 local competitions**
- End-of-Year Recital



MINI COMPANY

This team is designed for dancers under 10 looking to start their competitive dance journey while building strong foundational technique.

Weekly Commitment (Sept–May)

- 1 hour Ballet
- 1 hour Jazz
- 30 min Turns & Leaps
- 30 min Strength/Stretch

Rehearsals:

- 30 minutes per routine

✓ 2 day per week commitment

Dancers will be placed in 2-3 group routines based on **age, skill level, and commitment.**

Additional technique classes are optional. Tap and Hip hop are optional add ons.

Summer Commitment

Technique Tuesdays Required

June 9, 16, 23

July 14, 21, 28

- Mini Ballet (5:00–5:45 PM)
- Mini Turns & Leaps (5:45–6:30 PM)

Choreography Camp:

 August 3–7

(times TBD, you will only be expected to be there for your dance routines)

Competition Info

- Studio Showcase
- **3 local competitions**
- End-of-Year Recital

★ REGIONAL COMPANY ★

This team is designed for dancers who are experienced in competitive dance and ready to commit more time to training.

Weekly Commitment (Sept–May)

Dancers are required to take:

- 1 Ballet class
- 1 Jazz Technique class
- 30 min Turns & Leaps
- 30 min Strength/Conditioning

Rehearsals:

- 30 minutes per routine

✓ 2 day per week minimum commitment

Dancers will be placed in 2-3 group routines based on **age, skill level, and commitment.**

Additional technique classes are optional.

Tap and Hip Hop are optional add-ons.

Summer Commitment

- Required: **1 Summer Session (June OR July)**

Choreography Camp:

 August 3–7

Competition Info

This team will participate in:

- Studio Showcase
- **3 local competitions**
- **1 convention (Tulsa – convention only)**
- End-of-Year Recital

The full competition schedule will be released by **July 1st.**

🔥 PRE-PROFESSIONAL COMPANY 🔥 (NATIONAL TEAM)

This team provides an elevated training experience designed for dancers who are committed to training, demonstrate excellent attendance, and have advanced-level technique.

This team has a strong focus on:

- Technical training
- Convention opportunities
- Increased weekly training load
- High-level choreography from professional choreographers

Weekly Commitment (Sept–May)

Dancers are required to participate in:

- 1.5 hour Ballet
- 1 hour Jazz Technique
- 1 Strength Training class
- 1 Turns and Leaps/Progressions class
- 1 PBT class
- 30 min Performance Training
- Optional Recommended add on: 1 hour Farfalla training

Group Requirements:

- 1 Large Group
- 1 Small Group
- Additional groups based on commitment

Tap and Hip Hop are optional add-ons.

Summer Commitment

- Required: **1 Summer Session (June OR July)**
- Farfalla is optional but **strongly recommended**
- **Elite training summer intensive strongly recommended**

Choreography dates will be released ASAP once groups are set.

Pre-Pro National Competition Info

This team will participate in:

- Studio Showcase
- **4 dance conventions (dependent on dates/conflicts)**
- **In10sity (Rogers)**
- End-of-Year Recital

The full competition schedule will be released by **July 1st**.

Note: Competition schedule will NOT conflict with High School Nationals nor Bentonville prom.

Please note:

Some conventions limit solo entries. If this occurs, Senior dancers will receive priority.

Consistent attendance is required for all teams. Absences may impact choreography, group placement, and performance opportunities.

